

the CERRENEW PER THE Kingsway College Newspaper May Volume 58 | Issue 7

CONTEST pg. 5 LEGALLY BRUNETTE pg. 6 nicole caran YIN & YANG pg. 8 DENSINE AURE	
YIN & YANG pg. 8	7
JENTINE RUNE	
GRASSY PANTS pg. 10 JAMES BANNISTER	2
THE SUITE LIFE OF pg. 11 AALIYAH & MARCIA AALIYAH ROBERTS	
THROUGH THE FIRE pg.14 EMILY KUCHURIVSKI	
MEXICO? pg. 16 ERIKA AGPALO	
THE FESTIVAL pg. 18 CATHERINE CHEN	
FADING BLOSSOMS pg. 19 SANDRINE ADAP	
TREASURED MOMENTS pg. 20 CASSIA HOHRS	
A NEW BEGINNING pg. 22 ZARRISH BHATTI	





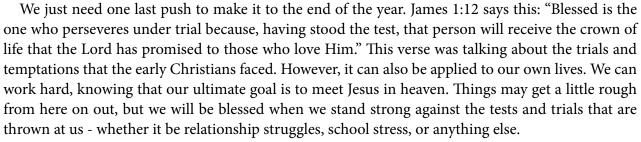


EDITORS' MESSAGES

ALANNAH TJHATRA Hello everyone,

Welcome to the Cedar Sentinel's May issue (and Cassie's first official issue!) It's crazy how the time has passed so quickly. I feel like it was literally yesterday that the first day of school took place. And with June coming around the corner, it won't be long before summer vacation.

EDITOR IN CHIEF



Happy reading and have a great week.

Alannah Tjhatra

CASSANDRA J.W. Happy May Kingsway,

This month has been pretty good for sports, especially for Toronto with our Raptors. The Raptors are currently second in the eastern conference and play their game against the Golden State Warriors soon. (It may have already passed by the time you read this.)

When it comes to May as a month, it has been living up to its status of being a "time of birth" -- a lot of the flowers and trees on campus are starting to become abundant and beautiful during this time of year!

- Cassie

ASSISTANT

EDITOR



CONTEST WINNER

Congratulations to Mathias Bruggemann for winning April's contest! Be sure to check Cedar Sentinel for more contests, games, and draws in the future!



MAY CONTEST

Solve the word search below. Email a picture of your answers to **cedarsentinel@kingsway.college**, or show your copy of the newspaper to Alannah Tjhatra, Selena Ly, or Cassandra John-Whittingham.

The first 3 individuals to correctly identify all of the words will receive a prize.

Topic: Strange Words

Blatherskite

a person who talks at great length without making much sense.

Carphology

plucking at the bedclothes by a delirious patient.

Gobbledygook

language that is meaningless or is made unintelligible; nonsense.

Discombobulate

to disconcert of confuse.

Valetudinarian

a person who is or believes himself or herself to be chronically sick; a hypochondriac.

Agelas

a person who never laughs; one who has no sense of humour.

Peristeronic

of or relating to pigeons.

Macrosmatic

having a well-developed olfactory apparatus or sense of smell.

Obelus

the division symbol (÷).

Zoanthropy

a form of madness in which a person believes he or she is an animal/beast.

F	Е	S	٧	G	F	Τ	F	٧	U	R	I	Q	K	I	L	D	Н	S	Т	٧	N	Н	N	G
Α	Т	G	U	0	S	I	R	N	Α	L	Q	Е	Z	М	Α	С	R	0	S	М	Α	Т	I	С
Е	Α	D	K	Q	Е	S	Е	Е	S	L	С	С	I	N	0	R	Е	Т	S	I	R	Е	Р	Z
Е	L	Q	С	X	Q	F	R	Н	Α	Т	Е	L	Χ	R	L	U	Z	K	F	М	М	Z	٧	О
Т	U	F	Т	Е	L	Υ	D	I	D	G	R	Т	٧	С	I	O	Υ	Q	S	Q	В	С	Α	Α
I	В	F	R	Е	G	Н	Т	I	K	F	Е	Z	U	F	S	Е	W	W	X	Υ	М	S	В	N
K	О	J	D	S	С	Q	U	J	X	W	J	L	R	D	O	L	J	Z	Р	О	0	Χ	D	Т
S	В	Е	U	X	U	X	S	Р	K	Е	R	С	Α	Т	I	U	Е	J	В	R	С	Р	0	Н
R	М	М	Υ	W	М	L	Α	0	K	U	J	F	Н	S	I	N	I	Α	J	N	G	L	G	R
Е	О	K	В	K	Ε	F	Е	Т	Q	Χ	K	В	Н	Н	Т	N	Α	Z	Α	L	Ε	I	I	О
Н	С	W	J	Н	٧	В	Z	В	K	U	K	Τ	٧	٧	U	F	٧	R	Ε	М	В	U	Q	Р
Т	S	Т	K	Q	Α	S	В	Χ	0	Т	J	Н	Р	Е	F	Υ	О	W	I	С	F	J	F	Υ
Α	I	V	Z	F	D	O	G	М	В	R	U	N	J	K	S	Р	М	S	G	Α	С	Z	В	Q
L	D	L	С	D	Q	Q	Υ	G	0	L	0	Н	Р	R	Α	С	W	R	Υ	В	N	Н	S	O
В	U	Т	Ε	N	L	L	0	٧	С	0	Т	K	0	0	G	Υ	D	Ε	L	В	В	0	G	G



egally Blonde, an original award-winning film, is known as one of the most iconic films in history. The film begins with Elle Woods (Reese Witherspoon) a blonde, superficial fashion major, who is president of her sorority Delta New. Elle is in love with her boyfriend Warner (Matthew Davis); however, he is no longer interested in a flaw. My flaw happened to ery question to make sure I her because she is not serious about school. Elle is heartbroken and devotes all she has to become more serious in her academics in order to win months of my grade seven and cared for me. My mother Warner over once again. Elle school year, I got low marks knew that I was a bright kid; studies hard and changes from on all of my math tests. I didn't she always told me that I was a fashion major to a law major. Elle follows Warner to Harvard University and proves to him that she is smart. Warner learn things that I would nevstill does not think she is serious about school, but Elle school? finally forgets about him and focuses solely on getting her degree. With hard work and determination, Elle Woods becomes the valedictorian of her class four years later.

that persistence and determicare if I did well or not. My mindset was that I didn't need thing that I put my mind to. complex math in life - so why

what my teacher would say signed by your parent."

I remember my palms al-

Why is this story import- ways sweating - my mind ant? One may ask. It shows would race with a million different ways I could show my nation can turn anyone's life mom the test. I could already around in order to reach their see the disappointment on my goals. In 2013, I was living sweet mother's face - sad, anlife to the fullest. I was always gry, and unhappy that I was laughing, talking with friends, not doing my very best. For and having a great time. Life every test I brought home, was good. However, to every my mother would sit down perfect story, there has to be with me and go through evbe the subject of mathemat- understood what I did wrong. ics. Personally, I did not un- Back then, I hated every minderstand math, nor did I care ute. Looking back now, I see to learn it. For the first four how much she really loved smart and that I could do any-

Then it happened.

The climax of my story. er need to do after I finished The breaking point. It was beginning to look like spring, However, I will never forget around the month of March. I went to school, put my school after each test: "Please bring bag on the dark wooden desk, these tests back tomorrow and sat down in the firm blue plastic chair. The bell rang, and my teacher came into the

room and said that our most recent math test had been graded. I re- in. member not feeling too confident about my last test, but it had to be around a C mark at least. I have always passed my tests; I never completely failed anything, so I had no fears about this test being any different from former ones. My teacher handed me my test face-down. I grabbed the crisp paper and saw a big red mark at the top right-hand corner. It read forty-eight percent. My heart stopped. How could I possibly get this low? What would my mother say? How much would my grade drop? Would I fail the class? to my mother crying that day. We went through the same routine of going through every question and making sure I understood.

My mother said: "I am tired of having to go through this with you! You need to do better. I know you can do better."

That sentence has still stuck in my mind all these years later, and that day, something changed in me. I realized that I had to make the decision to try harder - not for my her test, and she got an A." She conmother or my teacher, but for me. I remember my teacher telling me that I had exactly one week until my next test. I began studying math every night, taking notes in class, and I asked my teacher for extra sheets to practice my math skills. I studied and studied until I couldn't sit any longer. My back ached, my shoulders were curled in pain, and my neck was sore. It was something I had never experienced before studying hard for something had never been part of my routine.

Finally, the test day came. I did my very best. I had studied a lot and I hoped that my best was good enough. My goal was a B mark. A

couple of days later, the results were not have what it takes to be a winner.

My teacher handed me my test face down and said, "I am so proud of you."

My heart began to race. eighty-six percent in red ink on the right-hand corner. I was shocked. Had my work actually paid off? Did determination actually work? My heart was happy, and I was so good news. That night, my mother's face was beaming with joy. She told me that she had known I could do test since.

said a couple of weeks after my first A mark in the class changed my life. My teacher asked for the attention of the class, and she boldly declared:

"Nicole was not doing well in math, and she even failed a test. But she worked hard, studied, took notes, and even got extra worksheets. She worked her butt off for work in.

As I go on in life, I always rememhad that day. I was a winner. I was like Elle Woods who got into Harvard when everyone else did not believe in her. I was determined. I was impacted to work hard and always do my best. I learned that my best is good enough and that anything is achievable with persistence.

Many today think that they do

Often times, they feel uneducated, unattractive, boring, or untalented. It's easy to fall into that trap and believe that you aren't enough. Many people fall into a deep depression I turned the page to see an because they feel worthless at the end of the day. I am here as proof to say that anyone can be anything they want to be. All you have to do is want it for yourself, put in the work, and have the determination excited to tell my mother about the to reach that goal. Don't ever tell yourself that you can't do a certain career due to your grades. Never let your dreams stay dreams - instead, it. From that day forward, I learned create goals that you are destined I was shocked, and I went home my study technique and got above to complete. Do not let anyone get an eighty percent on every math in the way or cause you to feel that you cannot achieve it. It's vital to be However, something my teacher strong and independent. Prove to yourself that you, too, have worth. Elle Woods graduated Harvard Law School being the valedictorian and getting lots of job offers. She found the key to success and she unlocked her future. To get to the top, you just have to wholeheartedly want it and to put your very best towards that goal. With persistence and dedication, anything is possible. Actinued to speak, saying that anyone cording to Matthew 19:26 - "With could get high marks if they put the people this is impossible, but with God all things are possible." With The whole class turned around God by your side, you are undefeatand looked at me; my cheeks were able. No one can step in your way, a rosy pink. It was the best recognibecause God is in front of you and tion that I could have ever asked for. He protects His children. Anything is achievable. Everything worthber that warm feeling of success I while takes work. Taking time to do quality work is the key to success. As you continue on your academic journey, don't forget to thank God for His blessings and care. ■

Edited by Vyncee D. Selena L.

Formatted by: Cassandra J.W.

JENSINE **AURE**



per type of picture but until see separate small chunks of there is also a small clearing closer inspection, you come fruit hanging in the mix. There where there are no trees at all, to a realization that there are are also many dusk clouds fill- and you can see a little bit of many different components to ing the sky, an overflowing cup the sky. The trees are a fence it. Most of the things shown of murky water in the sink. blocking danger from the prein this picture are things you There are two lightning bolts cious beauty of nature. But see throughout your life, but in the top left corner coming there is an opening, a gateway not all of them together at the out together from the very top for you to enter through. These same time which leads the of the image, like two jagged trees could also be like nature's viewer to confusion. One can white lines messily scribbled skyline, with different sized picture this as nature's inner onto the background. There is buildings scattered throughstorm where it cannot decide a sun on the right side of the out the horizon. At the lower on its own state, whether it horizon just peeking out from left part of the picture, there is should be a bright sunny day behind the trees, like a baby a clear body of water that has a with plant life sprouting and reaching for the sun's rays or if it should be a cloudy and sun's rays looming over some as if the reflection of the wathunderous dawn as lightning of the trees, just as an eagle's ter has given the sky a touch strikes every few seconds. This wingspan across the sky over of beauty and has taken away image evokes a mood of con- the ground. It encompasses the imperfections, like it phoflict and yet can also expresses and wraps around you with toshops the images that reflect peace at the same time. The viv- warm and welcoming arms off of it. The reflection of the id coloured sky in the top sec- putting you at ease. There is a sky seems bluer and there are tion of the image appears to be nice contrast between the two also fewer clouds.

t first glance, this all mashed together into one, In the middle part of the picpicture looks like like slowly blending fruits into ture, there is a forest of trees generic wallpa- a smoothie while one can still across its whole width. Then popping out its head out from very pristine reflection of the behind the wall of its crib. The sky and some of the trees. Its like a mix of different weathers different sides of the picture.

Now on the opposite side

body of water, dirty water, one with sides of the bridge. It can remind can also express peace at the same duckweed floating on top of it and one of an old rickety piano with the time. There are peace and chaos

reeds sticking out from it. But there is still a small part of the water that is not being covered and that is actually also reflecting a little bit of the beautiful blue sky and the tall green trees.In the center of the picture, there is an old wooden bridge that continues into the depths of the picture until it reaches the entrance of the forest. The wood planks used for the bridge are starting to fall off, each one the size of the width of the bridge. There are also planks of wood down

of the picture, there is another of wood stacked messily along the evokes a mood of conflict and yet



in a messy line, appearing to be ken and some simply missing from the connections between the other the piano. Looking at this picture, boards. Then there are small pieces with many different elements of it

which gives this picture balance, like a yin and yang. The frightening lightning and the welcoming sun are two separate things that come together to create something beautiful. The two bodies of water water also balance, while they are being separated by the bridge, which is both the border and the connector between the two elements. All of these things create harmony, a symphony of colour which can excite the viewer. With this mix of different images, the

the long part of the bridge arranged keys falling apart, some keys bro- viewer can feel a rush of many different emotions.

> "ACCEPT YOUR DARK SIDE: UNDERSTANDING IT WILL HELP YOU TO MOVE WITH THE LIGHT. KNOWING BOTH SIDES OF OUR SOULS HELPS US ALL TO MOVE FORWARD IN LIFE."

Edited by Cassandra J. W Megan V.

Formatted by Cassandra J.W.

GRASSY PANTS

the end of my grade for two years, and we were going out- side we were promised. side to have an extra recess. Apparently, there was nothing posed to learn, so the rest of said, "I don't know if the playthe school year would be filled

Mrs. Handy came out of it was locked. the classroom behind us and ground is open or not, but if is locked!" with all kinds of revelry. There it is not, I do not want to see



when my classmates and I got I understood?" outside. We could go on the swings, slide down the slides, or play grounders. What a difficult choice this was going to be.

in the hallway," directed our teacher, Mrs. Handy. "And be quiet in the hallway, so you don't disrupt the other classes."

Edited by

Alannah T

Formatted by

Selena L.

We hurried to get our shoes changed and rushed to line up.

replied.

*This could be a serious prob*lem, I thought. What will I do inside the playground. Perhaps the playground is not closed, open, surely.

teacher outside in a mostly to be paying any attention to Cassandra J.W. There was so much tension in straight and quiet line out to the fact that the kids were in

Te were going to the air. The students wanted so the pavement area by the play-have an awesome badly to talk. We knew that if ground. As soon as we were time. It was near we talked, though, we might dismissed, almost all of the lose the wonderful time out- children rushed over to the gate of the playground to see if

After a quick examination, else important we were sup- led us into the stairwell. She one of the students announced despairingly, "The playground

> Of course, I had already decided this was an impossible situation, so I checked for myself. To my horror, the playground gate was indeed locked.

Disappointed by this turn in events, my friend Xamuel and I soon decided that we could play with the ants that gathered on the willow tree not far from the playground. We scavenged the area around the dumpster to see if we could locate some empty bottles that the high school students left from their purchases at the Adventist Book Center, or was going to be so much to do anyone in the playground. Am ABC. After successfully acquiring some suitable bottles, "Yes, Mrs. Handy," the class we headed off to the tree to try to locate some of those elusive black creatures.

After a while, we took a break if the playground is not open? from our hunt and looked "Line up and wait for me Almost all the fun activities are around. In the playground, I saw the majority of my class. This was quite strange because though. Yes, the playground is no one was supposed to be in there. I looked at the teacher The class followed our and saw that she did not seem the playground.

After a brief thought, I decided they must have gotten in at the spot where there was a little room under the fence. If they had gotten through unnoticed, so could I.

Xamuel tried to tell me otherwise, but I said, "Look, everyone else is in there." I continued to walk toward the fence. As I was getting down and starting my crawl under the fence, a whistle blew.

I immediately got up and heard my teacher yell, "Why are you in the playground? It is locked, and I told you, you cannot go in if it is locked."

outside and were given a firm talk. She walked down the line to inspect and question each of us as to whether we had gone into the playground. When she got to me and I had indeed started down the path

saw my grass-stained pants, I justified myself by saying, "I did not really go into the playground."

certainly looks like you did." To this statement, I had to concede that I had essentially gone into the wrong direction. playground.

After the talk, we were marched inside where we had to write a letter of apology to the teacher. We were to take this letter home and get it signed by our parents so they could learn about what we had done.

From this experience, I learned that if a person goes along with something — even half-heartedwrong, it is the same as if the person does it with passion. As I tried have been used for so much more. to justify that I did not deserve punishment, I came to realize that

that would have inevitably led to me breaking the rule my teacher had given. This shows that, once a She responded, "Well, it most person has started down a path toward something negative, it is very easy to take the next step in that

I also learned just because everyone around me seems to be doing something, I should not assume that it is morally correct. It is important to consider what rules and guidelines have been laid out, and stick to unchanging principles. If a person follows what others are doing, that person will be pushed around without a firm sense of di-We were forced to make a line ly — that the person knows to be rection. This lack of a foundation leads to a wasted life that could

AALIYAH **ROBERTS**



'old on, let me set the scene. "Wait!" Person One **L** cries out.

"Do not tell me. You are...Marcia?" I would smile sweetly and shake my head saying, "No, sorry, I'm Aaliyah."

To which, if my sister was nowhere near me, they would proceed to ask, "Where's your sister?"

These are a few anecdotes that explain what it's like to be an identical twin.

NEVER KNOWING WHO IS WHO IN BABY PICTURES

I kid you not. For the majority of my life, I had no idea who was who in my baby pictures. Until I was recently told of the one difference (that has never changed since birth): I was always lost.

Edited by: Maycee D. Cassandra J.W.

Formatted by: Cassandra J.W. Alannah T.

"WHO'S OLDER?"

I am. However, when people ask exactly how much older, the conversation generally goes two ways. I am often asked, "How many minutes apart are you?" or "When is your birthday?" These questions are fun to answer when I want to brighten my day because both answers generally bring a baffled look to the asker's face. To the former question, fourteen minutes is the answer. And to the latter, the sixth and seventh of February. The foolish ones that ask, "Why? How?" etc.

Goodbye.



As soon as people learn that my sister and I are twins, one of the automatic responses that we receive is, "How do people tell you guys apart? What's the difference?" Then the next words to come out of their mouths are, "Stand next to each other." Then they proceed to say things such as, "Who is taller? Who is smarter? Your face is bigger," etc. To be honest, I have no helpful ideas on how to tell us apart, so I have to rely on asking my friends, how they tell us apart. And chances are that they have known us for so long they've forgotten how they told even us apart in the first place.

(Fun facts: people have told me they know who's coming by our walking pattern, our shoes, the sound of our voices, and even our breathing.)

PERMANENT PLUS ONE.

A permanent two-for-one deal. Whenever my sister and I are invited anywhere or are roped into doing something (being voluntold), nobody ever just asks for one of us. Although, I have to admit that it isn't that bad because there are two of us. It's comforting to know that if I have to do something, Marcia normally has to do it too.

ATTENDANCE.

When attendance is being taken in class, it's always, "Marcia and Aaliyah?", "Roberts?" or "Twins?" What if one of us isn't actually present? Welp. Not my fault.





MATCHING OUTFITS.

I swear this one is somewhat mandatory for twins -- identical twins, at least. My sister and I are no exception. Parents just can't seem to resist dressing their twins in the exact same outfit, with little variations sometimes. (For example, colour variations or slight differences in pattern or neckline.

"DID YOU EVER SWITCH PLACES?"

Nope. I guess we were too afraid of getting in trouble. And it also takes a lot of work.

BEING SO DIFFERENT YET VERY MUCH ALIKE (TWIN MOMENTS, TWINTELEPHY, TWINTUITION).

Marcia and I have quite different personalities. Yet there are some things we do that are the exact same. One of my previous teachers often witnessed these moments in which we would do something at the same time, and she called them "twin moments." We would go and ask her the same question that nobody else asked, etc.



YOU HAVE MORE THAN ONE NAME.

There are some habits that I have picked up over the years. (I do not know if this is the same with other twins.) One habit that I have picked up is responding to either Marcia or Aaliyah. For people who cannot tell us apart, calling our names is no help. But over the years I have just gotten used to people calling me the wrong name when they clearly meant me. I've just gotten used to responding to either name.

"CAN YOU FEEL EACH OTHER'S PAIN!"

I never know how to answer this question. There is empathy, which, yes, I feel. On the contrary, physically feeling other people's pain is a bit more on the creepy and stressful side of life.

I can tell when something is wrong generally. But long story short: no. I can't feel my twin's pain. Just because we are identical does not mean we are identical in feelings.

"THERE'S TWO OF THEM?"

When we were in kindergarten, one of the teachers for the older grades thought there was only one of us. She would start a con versation with one of us and continue the conversation with the other. When we looked con fused, I think she just figured that we either forgot, or we were just shy. It was not until an as sembly that she finally saw Mar cia and me together. She pro ceeded to go, "There's two of them?"

"HAVE YOUR PARENTS EVER MIXED YOU GUYS UP?"

Surprisingly, not that much. I asked my dad, and he said that the only time he and my mom may have gotten a little confused was when Marcia and I when were younger. For instance, my dad said that my sister and I each had a dark blue jacket with white and blue polka dots. When we were wearing those jackets and he could not see our faces, a mix up was quite possible. From the information I gathered from my parents, the only way they ever mixed us up was 1) when we were little or 2) when we were dressed identically and they could not see our faces.

THE LOOK! THE DOUBLE TAKE!

Whenever my sister and I go out, there is always at least one person that stares or takes a double take.

A CONNECTION WITH OTHER TWINS.

It's nice to meet other twins because, depending on the situation, there are a lot of things that do not have to be explained - it would have already been mutually understood among us.

YOU CAN GET FREE THINGS!

One time, a lady bought my sister and me giant lollipops from Bulk and Bits (the expensive version of Bulk Barn). We were just leaving the store when she stopped us and gave them to us. She said she saw us admiring them while we were waiting outside the store. I believe she also had twins of her own.

"WHATS IT LIKE BEING A TWIN!"

Whenever I get this question I generally freeze because I do not know how to describe what is like to be a twin. To me, it's like you have a permanent buddy for life. Regardless of what happens, you know somebody will always have your back - sort of like an important body part, like the heart or the lungs. Generally, a twin is with you wherever you go. Half the time you do not even think about your twin being there, but when you do, you appreciate it a lot. ■



EMILY KUCHURIVSKI



[Notes From A Sermon By Dr. Charles Wesley Knight]

o there was this know-itall guy who thought he was some god or something - not that uncommon nowadays, but back in Bible times, this guy was a sweeter man. His name was King Nebuchadnezzar - "Nebby" for short. He made a HUGE

everyone - prime ministers, really feeling it. That is, until principals, math teachers, janitors, even the garbage collectors - to bow down to it, or

some young boys - only teenagers - decided to be savages. They each took a deep breath. they would be thrown into a And with their hearts poundfiery furnace. At the sound of ing inside of their chests, they the trumpet, everyone in the stood up as straight as hukingdom knelt down. With manly possible. I can imagine every bow, the king sat up a the three boys looking at each image of himself and ordered little bit straighter; he was other and nodding. They was the right thing to do.

The right thing... It's funny how so much of the time we know perfectly well what it is, but our pounding hearts and the people "bowing" around us intimidate us.

ticed and his jaw dropped.

"Who do they think they are?!" He probably asked himself. Grabbing the boys, he scurried all the way to the throne, where the (conceited) king was sitting.

"These boys didn't bow down to you!" He frantically told the king. The king's face twisted, and I can imagine him turning bright red.

"Is that true?" He asked the nervous boys.

You're always given another opportunity to compromise.

The boys had the chance to say, "Naahhh, we have no idea what this guy is saying. We were practically laying on the ground." And nothing serious would have happened. Instead, they said this. (I'm quoting the Bible because this part is just so awesome):

"O Nebuchadnezzar, we have no need to answer you in this matter." [Savages.] "If that is the case, our God whom we serve is able to deliver us from the burning fiery furnace, and He will deliver us from your hand, O king. But if not, let it be known to you, O king, that we do not serve your gods, nor will we worship the gold image which you have set up."

They basically said that their worship is not depending on what God does, but who God is. And go, bounded by our bad habits, our

praise would never change.

Something that I've learned about God is that when you choose to serve Him, you sign up for trouble. Look at Job, Daniel, Esther, Abraham, Stephen, and so many At once, one of the guards no- more others. Their lives were not

"The right thing... It's

funny how so much

of the time we know

perfectly well what it

is, but our pounding

hearts and the people

'bowing' around us

intimidate us."

considered that the you to set you free. things you're going you are facing, are because God rewhen Satan was

looking for someone to tempt, God looked at your life, your relation- dren of God are in the fiery furship with Him, and saw that you nace and refuse to give up their

were worthy of a trial? Have you ever considered that God needed you for an opportunity to make Himself known?

One of the many lessons from this story is not to run around in the fire. from an opportunity to make God known. The things you go through, the trials you face, are the greatest on their head was burned; they evidence for the glory of God.

The King was so mad that he probably had veins popping out. "Turn up the fire." He commanded. When your faith goes up, the fire

So the three boys were bound up and thrown into the fire.

Hold up. Why would they need to be bound up if they were being thrown into a fire? Was the king afraid of something or Someone? I believe that this is a spiritual symbol. Before we go into any and every fiery trial, we go inbounded. We

each knew perfectly well that this because God never changes, their toxic relationships, our addictions, and just the fact that we were born into sin. Satan uses these against us to make us feel overwhelmed and to shake our faith. But God is with us in the fire.

God is with you in your fire.

And the best part is this: God easy! Have you ever uses what should have destroyed

At this point, everyone was through, the battles watching them. They were so curious to see what would happen next.

All of a sudden, the king was ferred YOUR name like, "... There are four men walking to the enemy? Have around?! I thought we only threw you considered that three guys in... THE FOURTH LOOKS LIKE THE SON OF GOD."

It's amazing how, when the chil-

"The things you go through, the trials you face, are the greatest evidence for the glory of God."

faith, people who have never seen God will see God in them. Not only were these guys' chains gone, but they were walking

The fire didn't destroy anything but their chains. Not a single hair didn't even smell like smoke!

When Shadrach, Meshach, and Abednego came out, everyone was amazed. There was probably dead silence for a couple of minutes throughout the whole kingdom. Their God was the reason why these boys were alive, and everyone knew it. God made their faith fireproof, and He can do the same

I can imagine the three boys looking at each other again and nodding. ■

15

Edited by Maycee D Selena L

Formatted by Cassandra J. W Alannah T.

MEXICO?

rade twelve was supof trips: Burman trip, nament, Choir Tour, y'know. the departure date. I was really looking forward to everything until one small change occurred back in October...

Andrews University

posed to be the year looking forward to the mis- what makes us stronger and sion trip and I dreaded each wiser, what makes us into bet-Mission trip, Andrews tour- day that brought me closer to ter people.

from the event, and that was made and friendships were a bad mistake. Mission trip strengthened. There were me realize that there is more but that made the trip even changed the time that the out there that we as individu- more unique and extraordi-

To be honest, I was not also hurt. But the process is

We were in Mexico for nine I did not expect anything days. Great memories were opened my eyes and made some problems along the way,

> nary. It might've seemed like a mess to others, but the trip itself brought everyone together. Bonding through the chaos, the trip was a blessing for everyone, even for those who didn't expect the most out of it. Each individual had a different experience. And as for me, I can say that going to Mexico was a great experience. Not only did I gain insight on what it's like to live there, but I also learned how to kinda, maybe, speak

tournament was to be held, als need to experience. We are Spanish.

Vamoz aloz tacos and Vasame dates as the mission trip. ble, and when things change, moz alaz nyebes were the two The sad part was that the \$700 we become uncomfortable. sentences that will forever be I gave for the mission trip was We lash out at anything and stuck with me as I go through

> I met the students at the can be tough, and yes, it can da. We complain about all of

and it ended up being on the stuck in this comfortable bubnon-refundable. I ended up at anyone, blaming everything life. going on the mission trip. As on the blameless. Life is life, the months passed by, it start- and there is nothing we can school who became a special ed hitting me that I was not change about it. God puts us part of my life, and I loved evgoing on the basketball trip through things so that we gain ery second I had with them. I - and knowing that this is the something from it. We might got to share music, play games, last year for me to go on it, I not like it at first, but that is and teach songs to kids. It was all over the place. Con- because we only see a piece made me realize how many fused. Mad. Depressed. Heart- of His great plan for us. Yes, it advantages we have in Cana-

these first-world problems when should find the beauty and posi- were. I can't stress how much of a there are people out there strug- tivity in the smallest things as well. blessing it was to be able to go on gling and trying to survive, people The children were happy with path the trip. Although it required one who find the greatest pleasures in per plates as toys, and quite honest- big and hard sacrifice, I was able to

the smallest things; I think we all ly, I wanted to be as happy as they recover from the loss. I learned so

many valuable lessons that I know I can't gain from anywhere else and I was glad that God gave me a chance to go.

Like all good things, the trip had to come to an end.

We had to say our goodbyes, and I was bawling my eyes out because I knew that this might be the last time I would be seeing my new friends and family. It was a very hard and bittersweet moment and it hurt to move on. I wanted to stay longer, bask under the

hot sun, and be stressfree from school.

I still wanted to go to Andrews, but there was nothing anyone could do about it. Life happens and we pick everything up and move on. Needless to say, my time was well-spent. I would not trade my amazing experience for anything. ■



Edited by Selena L Alannah T.

Formatted by: Hannah B. broken.

CATHERINE CHEN

RESTELLA

about the factors by ourselves. L that make people become friends with each other? spend our first festival abroad. online. As the conservation From a certain point of view, I remember the first class was between us became deeper, I believe that ethnicity and father ESL class. All of us opened vourable opportunities are the our tablets. Mrs. Tosi was among each other. I was so reasons. Friends play an im- teaching at the front of the happy because I felt that our portant role in our lives, espe- classroom, her arms and feet relationships had become cially in the lives of those who moving like she was dancing. much closer than before. leave their families. Leaving We were listening to her, but someone who you're familiar we glanced at the tablet from meaningful story I have from with can cause loneliness and time to time. Most of us were high school. People are easily depression. The feelings are watching the Chinese New affected by their surroundextremely magnified when Year broadcast live on a web- ings; friends can help us get you undergo a similar experience with new friends.

Chinese New Year I spent China right then. That day was ry, I learned a couple of things. in Canada. It was only five beautiful even the air was full People from the same ethnicmonths after I came to Canada. I made friends in school, but sometimes I felt there was an estrangement between us. A few days before Chinese New Year, I was particularly missing home. The existence spend a whole day talking with the turning point was the Chiof the Chinese New Year is like Christmas for Canadians. I scarcely knew. During the Spring Festival in China, all the relatives will assemble together for a reunion dinner. The older ones will cooking for our dinner. We luck is waiting for you. prepare dishes for us, giving us red envelopes and watching tween different rooms. We fireworks together. My friends were sitting on the floor in and I missed the time we spent a circle like kids, and there

ave you ever thought to celebrate Chinese New Year room. We took serval pic-

site. To be honest, the show was out of our difficulties and help long and joyless, but it was the us become more optimistic. I still remember the first only connection we had with When I look back at this stoof happiness. Everyone said ity or similar background are "Happy New Year" to me even more likely to attract each oththough I could not remember er or becoming friends. Sometheir names very clearly. I be- times, it is easy to get on well came extraordinarily outgoing on that day, I felt that I could is a turning point. In my story, Chinese or local students who nese New Year. It helped us to

in the afternoon, we rushed back to the dorm and started shuttled back and forth bewith our family, so we decided was a lovely table in the

tures of the dishes, and mas-We were very excited to sive amounts of selfies to post we found many similarities

It is the most memorable and with other people. All we need get to know each other. If you When the last class was over are lonely or suffering any difficulties, please do not give up - you never know what kind of

> Edited & Formatted by: Alannah T.

SANDRINE ADAP

BIOSSONS

They're gone. It's done. It's over. The ivory blooms have fallen. Howling gusts have now dissolved To mellow, humble whispers.

Suspended by a feeble stem, One last rosy flower Extends her petals far and wide To savour one last time The atmosphere.

They're gone. It's done. It's over. Her memory was the last of it. The bittersweet was on repeat Within the depths of mind. Her lovely world? Obsolete.

The tiny blossom, in her mind Travelled back in time. To days and weeks of constant growth *Before the peak of season,* When floral leaves of hers unfurled Amidst her fellow blossoms.

Then golden rays bright and warm, *Just as what was promised.* Floods of flowers, jolly trees, Avenues of pink. Floods of people, jolly folk Witnessing their peak. Peak of season, height of time When all the branches bloomed. "Showcase beauty!" One had said. "Give it now your all!"

It lasted for but many days— A week of heightened joy.

Then ending came, swift as hawks Who ambush And then the fall of all things beauty: Her fellow blossoms faded. Carried by the western winds, They danced a downward dance. Gone were seas of milky cherry, Replaced by common green. The petals fluttered, a rosy blizzard, To places mysterious and unknown.

Gone were blooms that endlessly frolicked. Gone were buds that swayed. Gone was the flower who budded beside her Who gingerly cared her as would a mother, And coaxed her fears away.

"Grateful," thinks she, the lonesome blossom, "Grateful, grateful I should be For friendships made and games we played Memories unforgettable. But, alas, come next year *My bosom friends will not be here. It will not be the same.*" *Never again the same.*

They're gone. It's done. It's over. Her solemn cries drain her hue Paler paler petals fade Oh, rosy colour, adieu!

Now her stem, at final strength, Can hold her but no longer. *The little blossom, now she knows It's time to move on.* A last glance to The stem that holds her And then *She lets go.* ■

Edited by Megan \ Alannah T

Formatted by:

Alannah T.

CASSIA MOHNS



▲ day morning in October. ter, Kalyssa - for her birthday. I rolled over and rubbed my We would drive up to Algontired eyes, trying to under- quin and camp there for three it, gazing at the tiny twinstand why my parents would days every October. We had kling stars. I imagined that I wake me this early. Were we no care for the cold breezes, going on an early hike? Was or the lakes not being warm there a bear outside? Did we enough to swim in. Howevneed to pack up our trailer er, we did care about getting and leave? I was too tired to to our campsite early enough the loudness and busyness of try and answer these questions, but I reluctantly got up. I looked at my mother and saw her eyes filled with sorrow and my Dad's eyes red and full bringing our dog, Rusty. I was led to the top of a mountain of lament. I looked around at so ready to make a campfire with a beautiful view that each of my four other siblings, who all had tears racing down lect all the pretty fall-colored their faces. All I could hear were sad sobs of regret, sorrow, and pain. I was so confused. What happened? None of these emotions were going to justify the event that had happened moments before.

"Mom, Dad, hurry up!" yelled my siblings and me.

We just wanted to leave so we could get to our campground as soon as possible. wasted my time on my iPad It was time for my family's instead. I slept on the top a Sabbath show or listen to

at 4:24 AM on a brisk Sun-quested by my younger sisso we could walk around and pretend that we were Indians. It was our third time doing this trip, and our second time ly went on a short hike that and roast marshmallows, colleaves, and just relax.

get to our campsite, but by nervous that I was going to the time we put our trailer in fall off - but also because I place and had something to wanted to see the still, placid eat, it was too dark for us to go outside and play; so we stayed in and played some board games. Personally, I thought I was too old for board games, so I crawled into my bed and

t was 2014. I was awakened annual camping trip -as re-bunk, with my sister Kianna, and we had a small skylight above us. I loved to lie on my back and just look up through was able to fly up and sit on the edge of a star, look down to Earth and watch my family. I loved being able to escape my family through that small skylight. The next day, my fami-

> overlooked the campground. When we got to the top, I walked to the edge, hoping It took us three hours to to make my Mom scared and and glassy lake below us.

That night, I had one too many s'mores because I woke up with a tummy ache and had to stay in the trailer all day. That day happened to be a Saturday, so I had to watch

he was a male. We could all tell he was uncomfortable and in pain, but my parents said that it would pass and that Rusty probably just

did not intend to; none of us want-We were set up to fail and we did not even know it.

4:24 AM on Sunday morning came, and I reluctantly got up and tried to understand what was happening. I was so tired and did not want to get up, so I rolled over angrily. My mom was waking up my younger sisters and brother. Reluctantly, I sat up and just stared

"We could all tell he was bers. What was said that it would pass."

uncomfortable and in

pain, but my parents

ate part of a dead animal again. ing at. And then I saw it. I saw and happy terms because you nev-Nobody wanted to go to sleep that him. He was lying there, helplessly er really know when you will see night, so we turned on a Panda not moving. He was in the middle them again. I learned that we all documentary. A couple of hours of the floor. How did I miss him? lose someone we love and it hurts passed and then the inevitable hap- How could I not see him? Why greatly. I learned that it takes time pened - all five kids fell asleep. We did I let this happen to him? Why to get over not having them in life. did I not spend more time with I learned that even if someone dies ed to sleep. However, my dad knew him? Why did I always push him or leaves us, we do not need to give that we needed to sleep and that is away when he came and rested his up on our life - we need to stay why he chose to play what would paw on my lap? Why did I loathe motivated. Not only do we need to be considered the most boring walking him in the morning? Why stay motivated for ourselves and movie to children; a documentary. would I take him on short walks our health, but also for the person, and not let him enjoy his time or pet, that we lost. When you stop outside? Why did I not love him being motivated for life, you are enough? Rusty died that night, he letting bad days, enemies, or death was only 5 years old, basically still a win. By staying motivated, we have puppy. He still loved to chase after the ability to become stronger indisquirrels, birds and other dogs who viduals. Staying motivated through clearly did not care about him. He the good days and the bad days is still loved to eat out of the garbage part of the secret to having a sucpail and lick the dirty dishes in the cessful life. dishwasher. He still loved to eat the at my dad. He was crying. Up until flies that were being held captive that point, in all my thirteen years in our house. He still loved to go of living, I had never seen my dad on his walks, even the ones that he cry. I honestly did not think he was knew were too short. He still loved able to physically produce tears, running through the waterpark but he was crying. His eyes were and rolling around in goose poop.

Adventures In Odyssey. When my red and his cheeks were blotchy He still loved us. We drove home family got back, they came in wet from the tears streaming down his that day, with Rusty in the back of from the surprise downpour and face. Then I looked at my brother, the car, wrapped up in his favourmy sister, Kalyssa, started freaking who was also crying. I did not even ite blanket and a tarp around that. out about how Rusty was not feel- have to turn around to look at my The way home seemed as if it took ing good. They brought him in and younger sisters to know what they only ten minutes to drive home. dried him off. We tried to feed him were doing. People around the We were all crying and all of our and get him to drink water, but he world could hear them. All I could eyes were red and puffy. Instead of would not even open his mouth. think was how annoying and weird driving straight home, we drove to He just stayed standing, with his my family was at 4 am. I went over my grandparent's cottage, Rusty's head hanging low like he was wear- to my older sister who I assumed favourite place to go. We buring a weighted collar. His stomach was cool and thinking the same ied him there that afternoon. The started to bloat, and it looked as thing I was. However, she clearly clouds were crying with us, and the if he was pregnant even though was being possessed by whatever sun was mourning our loss too as was taking over my it stopped shining, and allowed the other family mem- dark and sobbing clouds to cover it.

Even though I didn't realize it happening? What that day, I learned to always cherdid I miss? I turned ish the moments we have with the around to see what people or animals whom we love. they were all look- I learned to always part on good

Edited by: Lara N. Selena L

Formatted by

Alannah T. Hannah B.



never tie her hair up in a hot day. Why is my left ear always covered by my hair? When I braid my hair up, what *is that black device in my hair?* Well, in this article, people of doctor's appointments. Evwill get their answers.

On August 13, in Pakistan, a the same thing. family was blessed with a baby girl. That was me. As soon as I was born, doctors and nurses went in a corner and started whispering to each other.

okay, doctor?"

One of the doctors turned to her and said, "I am sorry to

closed."

"It's okay, doctor. As long as she's healthy, I am happy."

As I grew up, I attended lots ery time, we would go through

your finger, my child," or "Can you hear me with your left ear closed?" I would always nod, the doctors would tell me My mother (looking that my ear just needed to be would be over.

inform you, but your girl has because I was born differ-

I grew up with people calling me words like "witch"

Getting prepared for the surgery (8:00 am)



eople usually ask why I been born with her left ear ent. I always felt insecure about my ear. This made me My mom smiled and said, feel left out; I felt bad for being born with one ear closed. I almost got my surgery (to get my ear opened) in when I was younger, but there were some complications.

I turned 15 and moved to "Block your good ear with Canada. I was recommended to the SickKids hospital. I went through a lot of appointments. I was taken into the "testing room" and got my ear blocked with an earplug. Afstressed) said, "Is everything opened, and the appointment ter years of testing, I was told that I was born half-deaf and was offered to get the newest version of cochlear implant done. Before the day came, I was told that I would be the

> first one in Canada and the youngest one in the world so far to go through this surgery. I was asked if I would be okay doing news interviews. I agreed to it and decided to go for my first ever "90-minute" surgery in the May of 2018. After 3 hours, I came out of a successful surgery - there was now a piece of metal in my head.

I was able to get discharged and go home on the same day.

was starting to heal, I finally got modern version of the hearing aid. both ears. Unfortunately, I wasn't able to do the news interviews because I was done and having the hearing aid, I

research on and they didn't want anything to get out there before all After a month, when my wound the research was done. After that day, I faced a lot of changes, one of a research device of the new and them being that I could hear with

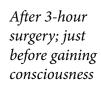
Even after getting my surgery the person people were doing the still feel insecure about putting my

hair up in a ponytail or doing any of the fancy hairstyles I used to do before the surgery; I am scared that people will stare at me, I will be in the centre of attention. But something positive that has happened is that now I am open to talk about it when people ask me questions. ■



Last-minute procedures before going into the surgery

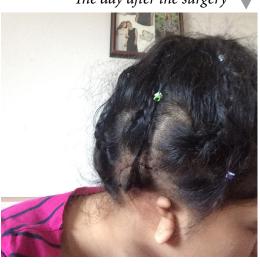








The day after the surgery **\rightarrow**



■ The night of the surgery; got discharged and was able to walk around

Edited & Formatted by: Alannah T.



05-2019