



# CAFE MENU



\*\*\* ALL MEALS ARE VEGETARIAN

## LUNCH

### WEEK ONE

**ADOBO MEATBALLS & POTATOES ON JASMINE RICE**  
with Seasonal Vegetables and  
Vegetable Spring Rolls

**KC CHICKEN SANDWICH**  
with French Fries

**MEAT LASAGNA**  
+ Garlic Toast + Seasonal Veg

**HAYSTACKS  
(CHILI&CHIPS)**  
+ Sour Cream & Salsa

**BUTTER CHICKEN**  
with Rice and Naan bread

### WEEK TWO

**PASTA PRIMAVERA**  
in Rose Sauce with Garlic Bread

**SOUVLAKI**  
with Rice, Potato, and Pita Bread

**BAKED OPEN  
BURRITO PLATE**  
with Pico de Gallo

**MUSHROOM & SWISS BURGER**  
with Potato Tots

**MAC & CHEESE**  
with Garlic Bread, and Seasonal  
Vegetables

## SUPPER

### WEEK ONE

**CHICKEN MELT & TOMATO  
SAUCE SPAGUETTI**  
with Green Peas & Garlic Bread

**HARD SHELL TACOS STUFFED  
WITH VEGGIE CHILI MEAT**  
with Tomatoes, Sour Cream, Cheese  
& Cheesy Dorito Chips

**VEGGIE BURGER**  
with Fries

**GENERAL TAO CHICKEN**  
with Steamed Rice & Broccoli +  
Vegetable Spring Rolls

**MAC N' CHEESE**  
with Steamed Broccoli & Garlic Bread

### WEEK TWO

**BBQ CHICKEN NUGGETS**  
with Fries & Gravy

**SHANGHAI VEGETABLE  
NOODLES ON JASMINE RICE**  
with Vegetable Spring Rolls

**SWEET & SOUR  
CHICKEN STRIPS**  
with Fried Rice + Triangle Samosas

**SPINACH AND FETA  
PEROGIES & RICE**  
with Sour Cream & Garlic Bread

**CHICKEN CAESAR WRAP**  
with Chips

# SATURDAY

## BREAKFAST

### CONTINENTAL BREAKFAST

Various Breads & Condiments  
Various Sweet Breads & Pastries  
Assorted Fresh Fruits  
Eggs  
Assorted Yogurt  
Hot & Cold Cereals + Variety of Milks  
Hot & Cold Beverages

## LUNCH & SUPPER

### WEEK ONE

#### BBQ MEATBALLS

With Rice and Peas, Steamed Veg  
& Bread Roll

#### CHILI HOT DOG

and Fries

### WEEK TWO

#### ORANGE CHICKEN

with Steamed Rice and Broccoli + Spring Rolls

#### BEAN BURRITO

with Tortillas, Sour Cream & Salsa

# SUNDAY

## BRUNCH

Various Breads & Condiments  
Various Sweet Breads & Pastries  
Assorted Fresh Fruits  
Various Juices  
Assorted Yogurts  
Pancake/Waffles with Fruit Toppings &  
Various Sauces  
Variety of Freshly Cooked Egg Styles  
Assorted Breakfast Veggie Meats  
Potato Hash Brown Triangles/ Bites/ Spicy  
Fries  
Hot & Cold Cereals + Variety of Milks

## SUPPER

### WEEK ONE

FRESH BAKED PIZZA

### WEEK TWO

SPAGHETTI IN TOMATO SAUCE

Meatballs & Garlic Bread

# CAFE HOURS

## WEEKDAYS

### Monday - Thursday \_\_\_\_\_

<b>Breakfast</b>	7:00 am - 7:45 am
<b>Lunch</b>	11:20 am - 12:35 pm
<b>Supper</b>	5:00 pm - 6:00 pm

### Friday \_\_\_\_\_

<b>Breakfast</b>	7:00 am - 7:45 am
<b>Lunch</b>	11:20 am - 12:15 pm
<b>Supper</b>	5:00 pm - 6:00 pm

## WEEKENDS

### Saturday \_\_\_\_\_

<b>Breakfast</b>	8:00 am - 8:45 am
<b>Lunch</b>	after Church Service
<b>Supper</b>	5:00 pm - 5:45 pm

### Sunday \_\_\_\_\_

<b>Brunch</b>	10:00 am - 11:00 am
<b>Supper</b>	4:00 pm - 4:45 pm