



BLACK HISTORY MONTH

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contact information

THIS YEAR WE HAVE THE HONOR OF TAKING CEDAR SENTINEL ONLINE. YOU CAN FIND OUR LATEST ISSUES ON THE KINGSWAY WEBSITE AND/OR INSTAGRAM. IF YOU WOULD LIKE TO SUBMIT ANYTHING IN TERMS OF ARTICLES, SHORT STORIES, POEMS, PHOTOS, OR ARTWORK TO THE CEDAR SENTINEL, PLEASE SEND YOUR WORK TO CEDARSENTINEL@KINGSWAY.COLLEGE

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editor's message

Hello Kingsway,



Iliana Columbie
Editor-in-chief

This is the month of appreciation of the cultures around us; for the traditions and the stories that have built Canada into the rich mosaic that exists today. We celebrate the diversity of Canada and take this time to reflect on the contributions and sacrifices of many African Americans/Canadians. It is a beautiful reminder that ultimately we must love the people around us. It does not matter what they look like, or what culture they descend from, or what type of clothing they wear - we are all equal, and we should treat each other in this way.

Best wishes and God bless,

Iliana

Hello Kingsway,



Kyle Bacalso
Assistant editor

This month we celebrate black history. In this issue, we look at the history of Black culture and we look back on the past so that we will not repeat the same mistakes that were caused by discrimination, prejudice, and oppression. Let us look ahead, staying hopeful in a better, more loving, more equal world

God bless, Kyle Bacalso



words of wisdom

“Our lives begin to end the day we become silent about things that matter”

- Martin Luther King Jr.

Motherland

By: Anonymous

I am a survivor.

This power is written in my DNA: in my blood, in my bones. I was made to never give up. Like the iron chains around my ancestors' necks and ankles, I am tough to break. Like the spirituals they sang, I am the beauty from the ugly that they faced. This land contains the riches of the world. It is heaven down on earth. Celestial falls feed into the rivers of Babylon and enrich the soils of the land. Fruits hang plentiful from goliath trees and taste as sweet as honey from the honeycomb. Stolen from the motherland, to survive on colossal scattered sea rocks similar to the land they once called home. Alone together. That is how they felt. Surrounded by what they tell us is the Caribbean Sea, but really, it belongs to them. They claim that slavery is over and that we all are equal. Then why are fathers being shot in front of their children and boys shot in front of their homes? Why are America's ghettos filled with more of us and less of them? Concrete government houses are nothing compared to the home our fathers left. Only the Crown in heaven Knows when We shall Return

Due to this Covid-19 global pandemic and the many lockdowns, Cedar Sentinel was unable to publish a special Christmas issue as well as our Valentine's issue. We do hope that you will enjoy the "flashback" to Christmas in this current issue

The Twelve Days Of Christmas Covid Edition

By: Anonymous

On the first day of Christmas Covid gave to me, 1 global pandemic
On the second day of Christmas Covid gave to me, a 2-metre social distancing
On the third day of Christmas Covid gave to me, 3 disinfectants
On the fourth day of Christmas Covid gave to me, 4 online classes
On the fifth day of Christmas Covid gave to me, 5 hours of Zoom
On the sixth day of Christmas Covid gave to me, 6 reusable masks
On the seventh day of Christmas Covid gave to me, 7 Amazon packages
On the eighth day of Christmas Covid gave to me, 8 bottles of Purell
On the ninth day of Christmas Covid gave to me, 9 months of quarantine
On the tenth day of Christmas Covid gave to me, 10 hours of Netflix
On the eleventh day of Christmas Covid gave to me, 11 missing assignments
On the twelfth day of Christmas Covid gave to me, 12 mental breakdowns

EMBRACING MY CULTURE

HAVE YOU EVER ENCOUNTERED RACISM? AND HOW HAVE YOU DEALT WITH IT?

“I have 100%, multiple times, multiple occasions and I have dealt with it poorly at times, once I realized I could have handled that better, but the opposition “ why is that my problem to figure that out”. For me, I dealt with it poorly but from that I was able to learn and regroup. Especially when it’s direct, blatant and it’s veil, “ you’re not welcome here” “ this is not for you”, it leaves you in a place of complete degradation and of low self-worth and low self-value. Jesus has changed my heart, so I now look at it differently.



WHAT IS YOUR EARLIEST MEMORY OF BLACK HISTORY MONTH?

“ I grew up in a household that really is just reflective of understanding history, so I grew up understanding and learning about Mansa Musa and Kunta Kinte. For me it wasn’t an acknowledgment of a month, that was just home taught education. These were things that we talked about at home. Such as history, philosophy, geopolitics and Canadian historical events which is why I have always been interested in history and storytelling. The deficit that was definitely not happening in the school systems for me was always covered at home and at church. I grew up being in school, when I was in elementary they told us that we were descendants of monkeys. The teacher physically told me that and when I went home I was like this is what they’re telling us. I think really early on my mom being a single parent said no no no we’re gonna just rewire that whole system at home. I don’t remember understanding that there was a black history month. It was just integrated into what we do at home.”

WHO EMBODIES BLACK HISTORY MONTH TO YOU?

“ Maya Angelou, Toni Morrison, Michelle Obama. They are just so boss. We have some amazing Canadian influencers when it comes to black history. I hate to have to think about it as black history, it’s just history. For me it’s just a natural conversation, it’s just history. The Obamas, like I never honestly in my lifetime, thought that it was possible not even remotely, so the fact that it actually happened and it’s history now is mind-blowing. It was not a normal thing for us to even imagine back then, so the fact we even have seats, prominent roles, oppositions here in Canada is just all inspiring”

HOW DOES EMBRACING YOUR CULTURE HELP SHAPE YOU?

“ You can’t look in the mirror and not love what you see. I don’t care who you are, because if you don’t have a sense of self, culture, history, meaning, and purpose, then what is the point. We all have a unique and innate sensibility to see ourselves reflected in the culture around us, but that can’t become possible if we don’t interact. Once you can find those senses, you can be someone else’s mirror. That’s why I can’t wait until we get to heaven because we will be able to see that mirror image in God.”

“We may encounter many defeats, but we must not be defeated”

- *Maya Angelou*

KOBE BRYANT



“

It was the first celebrity that truly affected my emotions because I'm not a very emotional individual, but this was the first time someone that I have never met that has died has affected me. It's probably because I'm so interested and invested in basketball, When I first got into basketball I was in high school itself, and like a couple of other people, I was inspired by Kobe. He was one of the people I looked up to, and it's really weird to have someone like that just suddenly not exist. So yeah, it affected me a lot more than I would have thought. For him it was more than basketball it was his mental impact, Kobe mentality is the mentality that I try to instill in students because that's the mentality that will make you successful. If people bring in that Mamba Mentality into anything they're trying to do, they will go far. My desktop is a lion which is Kobe inspired, I'm trying to attack the day, be fierce in what I do and Kobe was the essence of that. For that reason, it was very tragic and especially since I moved here I've needed that attack mode. That didn't die with him, his legacy that he left will continue to live on"

- Mr.Kaytor

”

“Black history month is a time to remember the past and to remember what has been done, both negatively and positively - it exists so we can look at the hatred of the past and aim to optimize love in the future. But it's also really important to remember all those who made a major impact, who were willing to say “This is wrong,” and were willing to stand up against it. And those who were the voice to those who couldn't . For that reason I believe it's important for us during this month to remember even those who were considered in our society to be insignificant, because through their small actions, they were able to impact and inspire on a whole nation of people.

- Abbigail Williams

Stand Up



african american inventions



Tyson
McCann



LONGER LASTING LIGHT BULBS

For those late nights studying. Lewis Latimer invented the carbon filament used in the lightbulbs on your desk lamp. He also designed an early air conditioning unit. So, the next time you hear the AC unit in your dorm room turn on, you can think of him.



THREE LIGHT TRAFFIC LIGHTS

An invention we encounter daily, the red, yellow and green light system that road systems follow internationally was created by Garrett Morgan

CLOTHES DRYER

The man responsible for the machines that save us from hanging up every article of clothing is George T. Sampson



AUTOMATIC GEAR SHIFT

For all of us who don't know how to drive stick shift, we can thank Richard Spikes for the automatic gear shift that he invented in 1932

BLOOD BANK

Dr. Charles Drew is the man who discovered the process of separating and storing plasma and allowing it to be dehydrated and banked for future use.



GIFS

When you're scrolling through twitter at 2 am, and open that one thread filled with GIFs, you can give credit to Lisa Gelobter for the short clip.



KINGSWAY COLLEGE

What does Black History Month mean to you?

“ Black History month to me is a celebration of culture and a reflection of how we were in the past to how far we’ve come “ - Celena

“ It means a time to reflect on the past and make a change for the future” - Iracha M

“ Black History month is a time for us to reflect on everything our black ancestors have done and created for society”
- Abbigail W

“ Black history means so much to me, it’s just a month to appreciate our culture and our background. It’s a time to recognize how beautiful our black culture is, and remember how our past helped shape our present”
- Jessica

“Black History is more than a month, so I think it’s important to realize that black people have made a major contribution to our society whether or not we realize it. So it’s important for us to have a month, a month of realizing that our history doesn’t define us. Of course, it’s important because we recognize where we come from and how we can grow from it, but it’s also important to realize we weren’t just slaves. We came from great things and we’ve accomplished great things, and it’s a month for us to be recognized and appreciated for the things that we do and the things we continually do for this society. So that’s why we have a month and I feel like [it’s] really important for everyone to acknowledge [it] and realize whether we like it or not.” - Anonymous

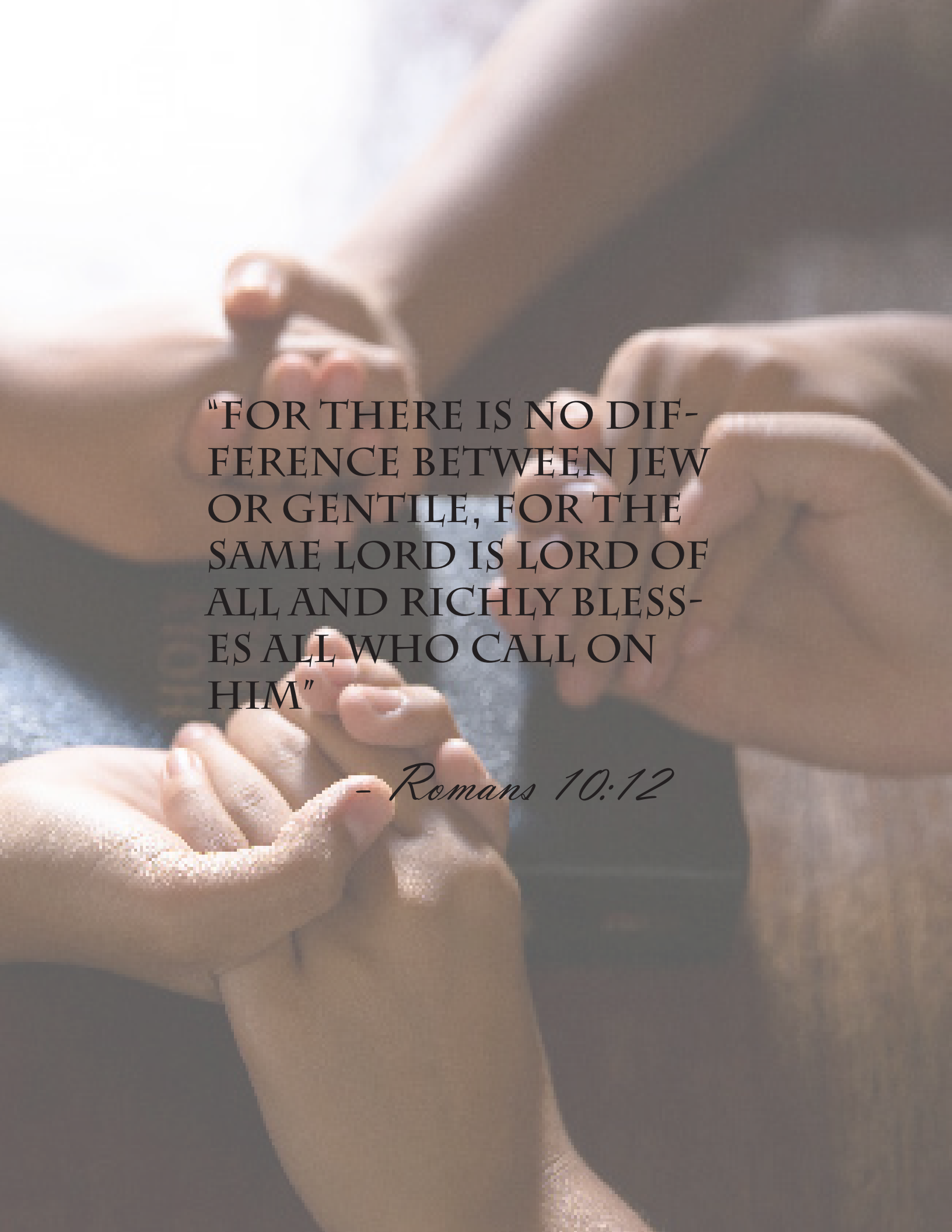
“ It’s just a month that we can just be ourselves without being judged by others, where we can walk around and be recognized for our hard work”
- Kyjuanna

“ Black History Month teaches and gives hope to the black children and adults, letting them know they can do anything they set their minds to”
- Lilly

“Black History Month is a time to recognize from where we came from. Through rough and hard times, we are still standing! .” - Justin Reeves



“Change will not come if we wait for some other person or if we wait for some other time. We are the ones we’ve been waiting for. We are the change that we seek.”
- BARACK OBAMA



"FOR THERE IS NO DIFFERENCE BETWEEN JEW OR GENTILE, FOR THE SAME LORD IS LORD OF ALL AND RICHLY BLESS-ES ALL WHO CALL ON HIM"

- Romans 10:12